Steve Beddingfield has designed this protocol. It helps restore the body from Morgellons Disease and many other diseases such as Lyme, autoimmune disorders, fungal and dermatologic conditions. It helps people recover from almost any medical condition due to its ability to rid the body of harmful pathogens. If you are experiencing illness you will need to plan on staying on the protocol daily for 1 – 4 years. You will most likely begin to feel better along the way. Eventually you will be able to lower your dosages and take 1-2 times per week instead of every day. Keep in mind that everyone is different. You may need to adjust the dosages in order to remain comfortable. Some people feel better immediately and others “herx” (feel worse) for a time period. If you are herxing badly you may need to cut your dosages down. Additionally we recommend that you get your liver function checked every 3 months while on the protocol. Request a CMP (Comprehensive Metabolic Panel) by your PCP (Primary Care Physician).
**STEP #1**

Get Things Moving

While on this protocol it is critical that you eliminate well. Good elimination usually means 2-3 bowel movements per day. With this protocol we are releasing great quantities of harmful toxins and organisms. If these things are not exiting our bodies we can become highly toxic and ill. Our livers will not be able to clean our blood and eventually become overloaded. This is why you MUST poop because it’s the most effective way to detox. We recommend Mag 07 but there are many other great ways to ensure you are going like a champ!

**Note it’s also great to drink a lot of fluids like lemon water and green tea. Use spring water!**

**Mag 07**
Contains: Ozonated Magnesium Oxide, Potassium.
[https://thehappyhealingstore.com](https://thehappyhealingstore.com)
Qty: 90 capsules
Cost: $26
**Directions:** Take 3-5 capsules at bedtime.

**OR YOU MAY TRY:**

**Cleanse More**
Contains: Magnesium, Cape Aloe leaf, Rhubarb root, Slippery Elm bark, Marshmallow root, Triphala
[https://thehappyhealingstore.com](https://thehappyhealingstore.com), Amazon, EBay
Cost: $22-$30

**Organic Cold-Pressed Cottonseed Oil**
Amazon, EBay, Health food stores

**Castor Oil**
Drugstore or online

**Cod Liver Oil**
Drugstore or online

**Prunes/prune juice**
Grocery store

**STEP #2**

Rev Up Your Immune System with Red Reishi

Reishi is a powerful antioxidant and a super immune system booster. It aids in detoxification, improves cognitive ability and mental energy, lowers blood pressure, reduces inflammation, supports respiratory function, helps prevent cancer and slows aging. We recommend this reishi because Steve has tested it. It, unlike many others is pure and free of toxins. However, you are welcome to source other organic red reishi.

**Rock On Reishi**
[https://thehappyhealingstore.com](https://thehappyhealingstore.com)
Super concentrated at 100:1 extract.
High active polysaccharides at 30%.
Organic, Non-GMO, Vegan, Non-Irradiated
Qty: 2-Ounce Bag
Cost: $30
**Directions:** Take approx. ¼ tsp. daily.
STEP #3

Begin the major work and cleanup with Fenben

Fenben (fenbendazole) is truly a miracle medication. Fenben is an anthelmintic that loosens the organisms (fungi, yeast, bacteria, parasites, worms, mites, etc.) that are making us sick. It targets the FTSZ gene and the infected micro tubulin that is being created at a cellular level.

Fenben is available in many different forms. We recommend these below:

**Tablets**
- 300 mg fenbendazole
- Qty: 100/bottle
- Cost: $50
- [https://thehappyhealingstore.com](https://thehappyhealingstore.com)

  *Directions:* Adults start with $\frac{1}{2}$ tablet daily and increase to 1 or more
  - 1 tablet = 300 mg
  - 5 mg/kg or 2.3 mg/pound
  - 1 tablet per 60 kg or 130 pounds

**Liquid**
- Safeguard for Goats
- 125 ml
- Cost: $24
- Amazon or EBay

  *Directions:* 2.3 mg/pound or 2.3 ml per 100 pounds
  - 3 ml = 300 mg of fenbendazole

STEP #4

Gear up the cleanup with Trio

Trio can be taken INSTEAD of fenben for a time period of extreme cleansing. Trio contains 500 mg fenbendazole, 144 mg pyrantel pamoate and 50 mg praziquantel. We recommend that you have been on your target dosage of fenben for your body weight for at least 2-3 months before trying Trio. We also recommend returning to fenben for periodic breaks from Trio. Trio works on a wider spectrum or organisms and is quite a bit stronger than basic fenben.

**Trio**
- 500 mg fenbendazole, 144 mg pyrantel pamoate, 50 mg praziquantel
- Qty: 100/bottle
- Cost: $75
- [https://thehappyhealingstore.com](https://thehappyhealingstore.com)

  *Directions:* Adults start with approx. $\frac{1}{2}$ tablet daily and increase to 1.
  - 5 mg/kg or 2.3 mg/pound
  - 1 tablet per 60 kg or 130 pounds
**STEP #5**

**Keep healing the body with Iodine**

Iodine is an extremely important for healing from disease and for overall health. Iodine controls the functioning of thyroid glands, which, in turn, has a great influence on the metabolic processes in the body. It significantly aids in the removal of toxins from the body and assists the system in utilizing minerals like calcium, potassium and magnesium. Iodine regulates metabolic rate, optimizes energy, aids in the formation of healthy skin, hair and nails, boosts the immune system, prevents cancer and removes toxic chemicals from the body.

*Lugol's Triiodide 46% (Potassium Iodide)*

- High strength iodine
- Qty: 5 ml
- Cost: $25

https://thehappyhealingstore.com  
https://www.ebay.com/str/3diiodinesolutions

*Directions: Adults start with approx. ½ drop daily and increase to 1.*

**STEP #6**

**Feel better with Cannabinoids**

CBD (more appropriately termed cannabinoid oil or hemp oil) is an amazing product. All of our bodies have an endocannabinoid system which is severely lacking in the appropriate cannabinoids to feel good and heal itself. This oil is an organic, full-spectrum oil containing CBD, CBN, CBG, CBC etc. It has less than .3% TCH.

*Lazarus Naturals 900 mg Oil*

- Qty: 60 ml bottle
- Cost: $38

https://thehappyhealingstore.com

*Directions: Adults start with 1 ml (1 full dropper) of the 900mg tincture morning and evening. Hold under tongue for 60 seconds then swallow.*

**STEP #7**

**Clean out the yeast and fungus with AZO Yeast Plus**

AZO Yeast plus is a recent discovery of Steve Beddingfield's. This formula is based on the homeopathic principles that “like cures like” and “less is more”. It actually has candida as one of its ingredients because of the principle that “like cures like”. Similar to a vaccine, a tiny amount of candida in pill form somehow triggers the body to start building an immunity to it! AZO Yeast Plus helps your body learn how to rid itself of harmful yeasts and fungi.

*AZO*

- Qty: 60 tablets
- Cost: $11

https://thehappyhealingstore.com

*Directions: Adults start with 1 tablet daily and increase to 3 daily over time.*
**STEP #8**

Heal your skin, lesions and stop itching with Gelmicin

Gelmicin is a discovery of a group member. It is sourced in Mexico where it is available over the counter. A similar product is available in the USA but only with a prescription and it is extremely expensive. Gelmicin combines Betamethasone (a steroid), Gentamicin (an antibiotic) and Clotrimazole (an antifungal). This cream will help heal lesions, rashes, psoriasis, itchy skin etc. You can even put a tiny dab in the corners of your eyes or put on a cotton swab and put in your ears and nose.

**Gelmicin**

Qty: 40 gram tube
Cost: $7

https://thehappyhealingstore.com

Directions: apply liberally to irritated areas.

**STEP #9**

Alkalize your body with Calcium Water

Calcium Water is the safest and fastest way to alkalize your body and make it inhospitable to morgellons and other parasitic life.

**Mrs. Wages Pickling Lime**

or

**Calcium Hydroxide Food Grade**

Qty: 1 pound
Cost: $6.00-$15.00

https://amazon.com

Directions: Put 1 pound of limestone in 3 gallons of spring water or distilled water in a glass container (5 oz limestone per gallon). Let stand for 24 hours. Drink up!

**MEDICAL DISCLAIMER**

We (The Administers and Moderators of Morgellons Support Protocol, Morgellons Support Science along with the creator of said groups, Steve Beddingfield) are not medical doctors. The opinions expressed in our websites and protocols reflect our personal experiences and ongoing investigations into functional (i.e. reversible) conditions related to everyday health.